



Stockholm Psychiatry Lectures presents:

# The Psychiatric-Metabolic Syndrome

Audrey Tyrka, November 4<sup>th</sup> 2019

## **The Psychiatric-Metabolic Syndrome: How Stress and Trauma Program the Body and Brain.**

A lecture with Audrey Tyrka, Professor of Psychiatry and Human Behavior at Brown University, United States.

Tyrka's research is focused on understanding the link between childhood trauma and physical and psychiatric illnesses. In addition to psychiatric disorders, including major depression and post-traumatic stress disorder (PTSD), stress and trauma increase risk for medical conditions such as obesity, diabetes and heart disease. Dr. Tyrka

studies maltreated children and adults with early adversity to understand the metabolic, neuroendocrine, neuroimmune, and cellular aging pathways of risk for mood and anxiety disorders and related health conditions.

**Welcome to Wallenbergsalen at  
Nobel Forum, Nobels väg 1 in Solna  
on November 4<sup>th</sup> 15:00 – 16:30.**

No pre-registration required. The lecture will be filmed and published on our YouTube channel: *PsychiatryLectures*. Connect with Stockholm Psychiatry Lectures on Facebook for updates on coming lectures.



**Centrum för psykiatrforskning**



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